

Breakfast

The Natty: Egg, Pimento Cheese, Bacon, Tomato Jam, Greens 6.50

Nutella & Bananas with Local Honey 5.00

Protein Wrap: Egg, Cheddar, Bacon, Roasted Red Peppers, Spinach 6.95

Veggie Wrap: Roasted Red Pepper, Avocado, Cucumber, Spinach, Fig & Onion Jam, Swiss Cheese 7.50/GF Wrap 8.50

Yogurt Parfait 4.25

Dannon Yogurt, Banana, Blueberry, Local Honey, Granola, Toasted Coconut GF

Fruit Cup 3.95

Taylor Farms

Breakfast Salad 7.95

Spinach, Bacon, Eggs, Tomato, Cheddar Cheese, Almonds GF

Cheese & Fruit Plate 5.95

Sliced Cheddar, Swiss, Fresh Fruit, Local Honey GF

Granola Jar 4.95

Blueberries, Bananas, Hot Milk, Local Honey, Toasted Coconut GF

Oats Jar 3.95

Oats, Blueberries, Bananas, Local Honey, Toasted Coconut GF

Pastry 2.95

Bear Claw

Apple Twist

Cheese Butterfly

Cinnamon Almond

Cherry Swirl

Chocolate Croissant

Muffin 2.75

Stumphouse Muffin (via Clemson Confectionaries)

Smoothies 5.95/7.95

Fruit: Strawberry, Blueberry, Banana, Almond Milk, Yogurt

Green: Spinach, Avocado, Almond Milk, Banana, Almonds

Strawberry Shortcake: Strawberry, Banana, Almonds, Almond Milk, Yogurt

Breads

Wheat

Ciabatta

Wrap

Gluten Free Wrap